The Secret of Manifestation Work Book

Dream it!! Love it!! Live it!!

Use this manifestation work book to test the power of your suggested Manifestations to manifest, before doing the - "manifest your suggested manifestation through visualization Process".

Paul Birnie 2/10/2014

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Always be aware of what is driving the manifestation you wish to manifest, as it is the driving force that will determine the result of the manifestation.

"If your state of being is not a vibratory match to your desired manifestations they will never manifest" This is the golden rule of manifestation.

Print out page 2 and fill in as required, read the explanations of each number before you fill out the 6 questions.

- Number one is self-explanatory; make sure that anytime you write down a manifestation, it is as an end result and in positive terms. Don't write down all the details that must take place for it to happen, just the end result. Don't write it in negative terms as in "I don't want to be in this place of work anymore". Focus on a new place of work where you are happy and successful, etc.
- 2. Number two, will help you see where your limit is in what you believe is possible to manifest at your present time. Don't sell yourself short, but at the same time don't write down a manifestation that you believe is unattainable at your present time. Remember through the passage of time you will be working on your state of being, and what does not seem possible now will be possible later so you can always improve your manifestation limit later.
- 3. Number three, is very important, as **feelings** are the key to your success in manifesting your manifestation, and you are going to use these **feelings** when you use the manifesting your manifestations through visualization.
- 4. Number four, is a very important question and it is critical that you are honest with the answer. If you write down a negative feeling, i.e. frustration, anger, etc. then you are emotionally attached to the outcome and you need the outcome to fulfill you in one way or another. Therefore, if you write down a negative feeling here you will have to do some work on your state of being before you can proceed with the manifestation.
- 5. Number five, is the same as I have explained in great detail in chapter seven of the secret of manifestation book 'what is the driving force' the why, the intention behind what you wish to manifest. If it is a negative driving force like 'I want a new job, because I hate the one I am at' or 'when I have more money I will be financially free to do what I want' or 'I will be successful and have more status in life'. Your chances of manifesting your desired manifestation will be very slim, because the driving force is negative. Again if the answer is negative work will be required on the state of being before you proceed with the manifestation.
- 6. Number six, is if your manifestation does not follow your deepest joy, passion or excitement, forget about it. You require a high vibratory state of being to manifest a high vibratory manifestation, as per the golden rule of manifestation. Yes, you might still manifest it from the low vibratory negative personality construct control state of being, but it is going to cost you in other areas of your life, and after you have manifested it you will still be left with a feeling of un-fulfillment. (See examples of this in chapter 7.

HERE ARE SIX QUESTIONS THAT WILL TEST THE POWER OF YOUR MANIFESTATIONS TO MANIFEST.

1. Write down a manifestation you desire as an end result and in positive terms.

2. Can you ask for something that is even better, if so - what will you ask for?

3. What would you feel like if your manifestation manifests?

4. How would you feel if you did not achieve your desired manifestation?

5. What intension is driving your desired manifestation, and why do you want it?

6. Does your manifestation follow your deepest joy?